## Puppy Enrichment

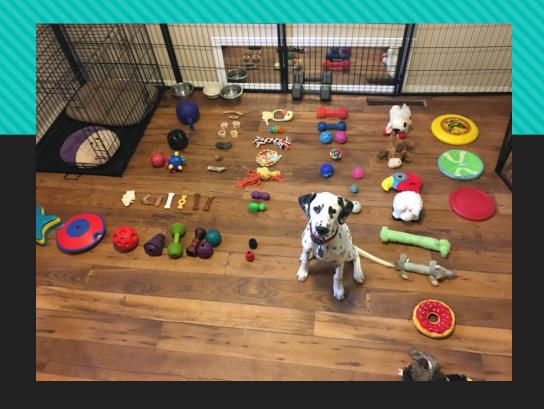


Ideas and Activities to do at Home



#### What is Enrichment?

Providing safe and "legal" outlets for normal dog behavior



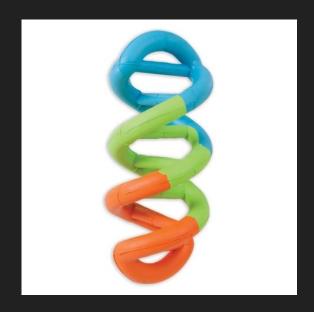
Try not to think of enrichment as something extra that we provide for our dogs, but as a necessary part of their mental health. Enrichment greatly helps to reduce behavior problems and improves the dog's quality of life

## **Chew Toys**

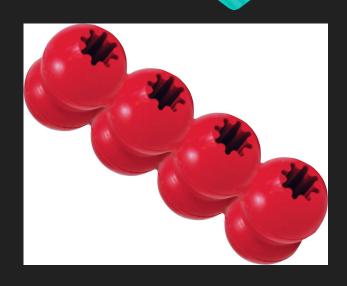








## Treat Dispensing Toys

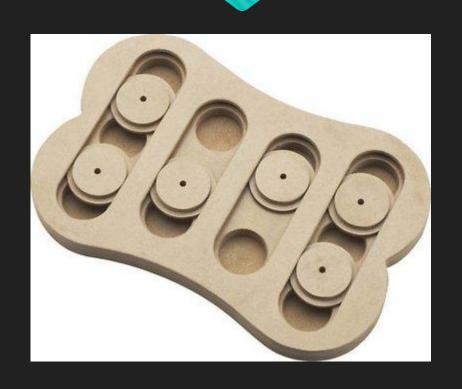








## Puzzle Toys

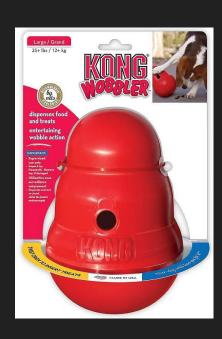


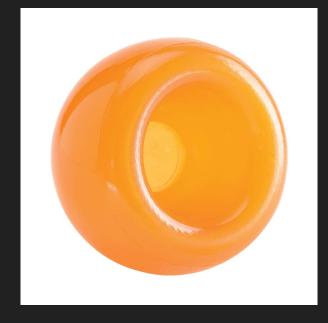




## **Slow Feeding Options**









# Don't forget to clean toys!!!

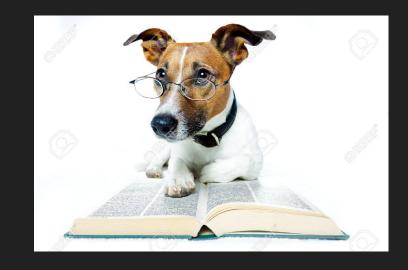
Most durable toys (think Nylabones, KONG, etc) can be run through the dishwasher

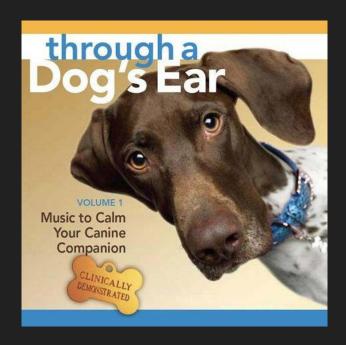
This is a great time to rotate toys ©

Use a toothbrush or bottle brush to clean the inside of toys



## Auditory Enrichment





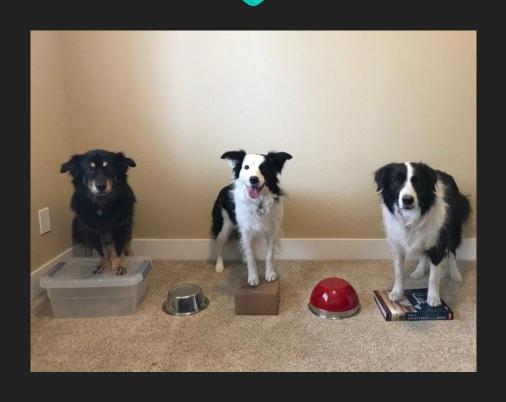
Studies show dogs enjoy a variety of music, from classical to reggae and soft rock

What type of music does your dog like best?

\*\*Do not have music playing constantly for your dog. Just like us, they need quiet breaks from time to time!\*\*



## **Body Awareness Exercises**









### **Sniffy Walks**





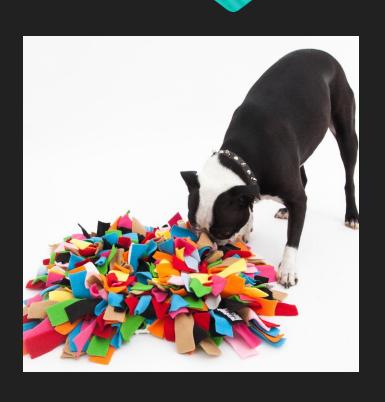


~15' Long Line

ALWAYS HOLD LEASH

Practice "good dog" behaviors

## DIY Ideas









## What Else??







#### Training as Enrichment

Shaping Exercises

- -Fun
- -Open Ended
- -For the Joy of training



https://www.youtube.com/watch?v=XGXJwkO\_yk0&t=92s https://www.clickertraining.com/101-things-to-do-with-a-box

#### Thank You!



